

**South Oxfordshire Health Walks Steering Group**  
**14<sup>th</sup> May 2007**  
**Committee Room 4 SODC**

Present:

Anne Lister (AL)	SODC
Fay Rouse	Natural England
Robin McStay (RM)	Didcot
Jill Greenwood (JG)	Sonning Common
Stephanie Bridle	Goring

Agenda Point	Discussion Notes	Action
1. Apologies	Fran Piggott Henley Barbara Jordan OCC Margaret Wiggall Benson	
2. Previous Minutes	One amendment to previous minutes – JG is speaking at the obesity clinic in May (not March) Minutes approved	
3. Co-ordinator's Update	<p>AL updated the meeting on the following:</p> <ul style="list-style-type: none"> <li>• The re-structure at the PCT is now complete. AL hopes to meet with the PCT soon to discuss their future involvement in health walks.</li> <li>• Trial walks in Wheatley proved popular. AL will be training walk leaders before the end of May to enable the walks to continue.</li> <li>• AL has completed the cascade training and is available to train walk leaders.</li> <li>• A walkers awareness session was held in Thame 17.02</li> <li>• Wallingford formally closed as a health walk at the end of March but the walkers are continuing to meet every Monday and walk.</li> <li>• AL is working with a staff nurse at the GP practice to develop a mums and babies walk in Wallingford</li> <li>• Leaflets have been updated</li> <li>• First aid courses were held in Feb and March. AL will organise a further course later in the year.</li> <li>• AL wants to develop refresher training for walk leaders.</li> </ul>	

<p>5. Update from Schemes</p>	<p>Sonning Common – JG and AS are to speak at an obesity tomorrow and will be attending a health walks conference in Hertfordshire. The walks are progressing well with several new walkers. The Wednesday evening walk is very successful with more than 40 walkers on a regular basis. 3 more walk leaders have been trained taking the total to 32</p> <p>Didcot - Two walks per week. Regularly 6 to 12 walkers per walk . RM and fellow walk leaders supported the Didcot Olympix with a health walk and display.</p> <p>Goring – walks going well with a 27% increase in walker attendance during Q1 this year. The extra Monday walk is proving popular and an early morning Saturday walk is being offered. The social activities continue to prove popular.</p> <p>Thame – The number of walkers is slowly increasing – regularly 10 to 12 walkers.</p>	
<p>AOB</p>	<p>SB asked for clarification accepting dogs on health walks. FR advised it is down to individual schemes but if the dog injures somebody it is the owner’s responsibility i.e. WHI insurance does not cover the incident.</p> <p>FR outlined the huge health campaign being undertaken by Natural England and stressed her continuing support for WHI schemes across the south east.</p> <p>FR to clarify what information to be held by whom for insurance purposes. FR to advise AL and AL will circulate to the schemes</p>	<p>FR/AL</p>
<p>Next Meeting</p>	<p>Monday 13<sup>th</sup> August 2007</p>	

--	--	--