

South Oxfordshire Health Walks Steering Group
20th November 2006
Committee Room 4 SODC

Present:

Anne Lister (AL)	SODC
Caroline Maunders (CM)	Henley
Brian Maunders (BM)	Henley
Val Viner (VV)	Wallingford
Robin McStay (RM)	Didcot
Jill Greenwood (JG)	Sonning Common
Shirley Wong (SW)	OCC
Fay Rouse (FR)	Natural England

Agenda Point	Discussion Notes	Action
1. Apologies	Stephanie Bridle Goring Margaret Wiggall Benson Barbara Jordan OCC Anne Ambler PCT	
2. Previous Minutes	No matters arising. All present agreed with minutes	
3. Update on Natural England	FR played a DVD and updated the meeting on Natural England's key objectives and outlined the organisational changes taking place. There will be continued support for walking for health with training, insurance etc. In addition Natural England are looking to broaden health walks to 'Green Exercise' and are at present awaiting the outcome of a Big Lottery application FR's new e mail address is fay.rouse@naturalengland.org.ok	
4. Co-ordinator's Update	AL updated the meeting on the following: <ul style="list-style-type: none"> • No progress with the proposed health walk from Wallingford school • AL has commenced work on a presentation for use at 'health walk information evenings' • Statistics available on the benefits of health walks are those included in the training material and the formal evaluation report. • AL confirmed it is okay to say no to an individual joining a health walk if it is not appropriate for the walk scheme • The Xmas Pudding Walk will not be taking place across the county this 	

	<p>year.</p> <ul style="list-style-type: none"> • If additional publicity is required for health walks in January please advise AL of details for the advert and proposed publication. AL will find the budget for this • Walking at night – walk leaders and one in eight walkers need to wear luminous material • Mother and babies walk in Didcot well received. Looking to train some potential walk leaders and sustain the walk • There is walk leader training in Kidlington 8th Dec • There is a lady in Wheatley keen to start a health walk and AL is liaising with her • AL advised that it is very unlikely the PCT will assist with funding to continue her role post 31.03.07. SODC are however committed to supporting health walks and are looking at how best they might do this. AL will update the schemes by the end of the years.VV asked who in the PCT the walk schemes could write to regarding this. AL to investigate. 	<p>AL</p> <p>AL</p>
<p>5. Update from Schemes</p>	<p><u>Thame</u> – A small group of regulars walk on Saturdays. A few new walkers have joined</p> <p><u>Wallingford</u> – VV sadly reported the death of Amanda Myer the other walk leader at Wallingford. Whilst there is a good group of walkers VV is finding it difficult to manage the walks on her own. AL to liaise with VV</p> <p><u>Sonning Common</u> – The walks a ticking along with a trickle of new walkers. The barn dance was very well attended and an excellent social occasion. The AGM is this week</p> <p><u>Didcot</u> – Steady group of walkers on both Tuesday and Thursday – usually 8 to 14 walkers. RM highlighted some paths on the Ladygrove estate are overgrown. AL to find out who is responsible for the upkeep.</p> <p><u>Henley</u> – Not recruiting new walkers and don't know what to do. Core group of walkers on Tuesday and the social events are well attended. FP/BM to let AL know if</p>	<p>AL</p> <p>AL</p> <p>AL</p>

<p>6. Walk Leader Refresher Forum</p> <p>7. AOB</p> <p>8. Date of Next Meeting</p>	<p>they want to place an advert locally</p> <p>The merits of a walk leader refresher forum were discussed and whilst the last event was enjoyable there were mixed views as to the benefits that can be achieved. It was agreed that if a forum is to be held it should be in the summer months. AL to discuss further with AA</p> <p>None</p> <p>12 noon February 5th 2007 Council Offices Crowmarsh</p>	<p>FP/BM</p>
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